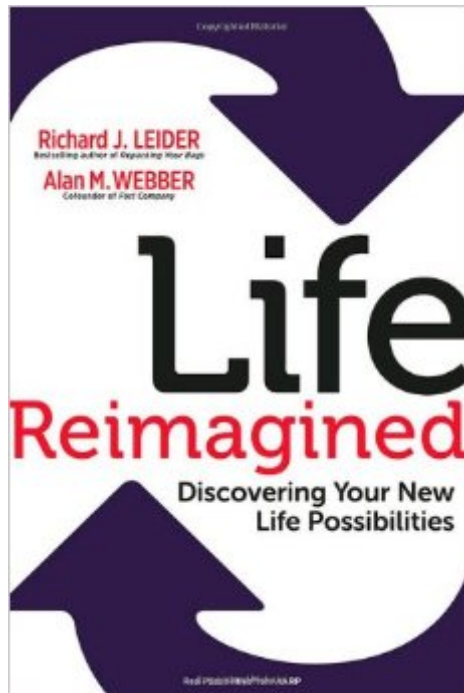


The book was found

Life Reimagined: Discovering Your New Life Possibilities



Synopsis

Winner of the 2014 Silver Nautilus Award Are You Ready for Your Life Reimagined Moment? Are you at a point in your life where you're asking, "What's next?" • You've finished one chapter and you have yet to write the next one. Many of us face these transitions at midlife, but they can happen at any point. It's a time full of enormous potential, and it defines a whole new phase of life. It's called Life Reimagined. Here is your map to guide you in this new life phase. You can use the powerful practices and insights enhanced with online tools and exercises at AARP's LifeReimagined.org website to help you uncover your own special gifts, connect with people who can support you, and explore new directions. You'll be inspired by meeting ordinary people who have reimagined their lives in extraordinary ways. You'll also read the stories of pioneers of the Life Reimagined movement such as Jane Pauley, James Brown, and Emilio Estefan. They show us that this journey of discovery can help us find fulfillment in surprising new places. One of the profound truths that underlies this book is the liberating notion that each of us is "an experiment of one," free to find our own path in this new phase of our lives. No old rules, no outdated societal norms, no boundaries of convention or expectation. Let Life Reimagined help you discover your new life possibilities!

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Customer Reviews

Richard Leider and Alan Webber, two authors with long and successful pedigrees of making sense of major shifts in the world around us, have written an important book, one that begs to be read again and more deeply understood as soon as you have finished reading it. Life Reimagined cogently explains that the old notion of retirement, one framed by big employers, unions, actuaries,

pension funds and TV situation comedies, is dying, dead and useless in a world where we live longer and demand more of life itself. They focus on the possibilities that life offers when life's 'triggers' throw us off our settled courses and how to approach the inevitable transitions that such jarring events engender. These possibilities must be dealt with since, as they eloquently state in the book's strongest message, choice is not a choice, and being stuck in fear and habit is the worst of all outcomes. They offer a practical guide to how to approach new directions with success in the pursuit of meaning and vitality; at all ages and all junctions. Above all, they advise us not to go it alone, always to connect with others for that is how we learn what we sound like, who we really are, and where serendipitous possibilities lie. This is a book without dogma or egomaniacal preaching. It is modest, beautifully and economically written, ecumenical in its broad choice of examples of people who have successfully reimagined their lives and, above all, highly practical. They believe that reimagining life is part of a movement and that their contribution is but one element of a strong oncoming wave that will disrupt, liberate and empower those whose lives are now free to be led in technicolor and 3D.

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